

MyPyramid Cookbook Project



In groups of no more than 5, students will be creating a cookbook containing recipes from all six food groups. Students should include 5 recipes from each of the following food groups: Dairy; Meat; Vegetables; Fruit; Fats, oils and sweets; Grains. Each recipe should include the following:

- ◆ Ingredients
 - ◆ Steps/directions for completing the recipe
 - ◆ Picture
 - ◆ Number of servings recipe will produce
- *Bonus points for recipes that contain nutritional information.

The book will be graded as follows:

Possible Points	Description	Points Earned
10 pts	Title Page: Picture, Name, Date and Project Title	
4 pts	Table of Contents: Listing each food group and the pages	
60 pts	5 recipes for each food group (total of 30 recipes)	
6 pts	Divider pages or title pages for each category with food group name and picture	
5 pts	Typed or neatly hand written	
5 pts	Correct grammar and spelling	
5 pts	Placed in folder or notebook	
5 pts	A picture of the correct Food Guide Pyramid (hand drawn and colored)	
100 pts	Total Points Earned	

The completed and final project will be due on _____.

***This sheet is to be turned in with your final and completed project to be graded!**